



THE SPA
AT THE CRESCENT

at
HOTEL
CRESCENT COURT

400 Crescent Court | Dallas, TX 75201
214 871 3232 | spaconcierge@crescentcourt.com



Welcome to Ultimate Relaxation. This is The Spa at The Crescent.

We are pleased to welcome you to the 22,000 square foot Spa at The Crescent. Inside our luxury spa facilities, you'll find 16 treatment rooms, men's & women's lounges, sauna, steam rooms, whirlpool with hot & cold plunge, nail salon and wellness center featuring TechnoGym equipment, Peloton bikes & a Cryotherapy chamber.

Our expert spa therapists are proud to deliver a menu of services designed to truly help you rest, relax, and rejuvenate. Here you'll find favorites like our Hydrafacial & Hot Stone Therapy Massage, along with some of our unique treatment regimens inspired by your needs, like our new Pro-Sleep Massage & Montalcino Thermal Mud.

We are proud to be partnering with [comfort zone], a Parma, Italy-based brand focused on sustainable skincare solutions. Their clean, vegan-friendly formulas are highly concentrated in natural-origin ingredients and use 100% recyclable eco-designed packaging.

[comfort zone]

SPA ETIQUETTE

When should I arrive?

For your enhanced comfort and relaxation, we suggest arriving 30 minutes before your scheduled treatment. This will allow time to relax in our lounges, saunas and steam rooms.

What if I am late for my appointment?

Arriving late will simply limit the time for your treatment, as your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will be applied regardless of late arrivals.

What is the cancellation policy?

To avoid being charged for scheduled services, you must give 24 hours' notice. Please call to notify us of your change of plans. No-shows and late cancellations will be charged in full. A Hotel Crescent Court room number or credit card number is required at the time of booking.

What should I wear during my treatment?

Please wear whatever is comfortable for you. During all treatments, the body is fully draped, except for the area being worked on. Robes and slippers are provided. Lockers are available for your personal items.

What about my comfort?

This is your time, and you should delight in the experience to the fullest. Whether it's the room temperature, the amount of massage pressure, or the volume of the music, please share your preferences with us. We request that cell phones and tablets be turned off in the Spa. No photos are to be taken in private areas. Please be considerate of noise levels, as we strive to provide a relaxing environment for all guests.

What about service charges?

A 23% service charge has been added to your bill to compensate your Spa professional. A small portion of this service charge is retained by the Hotel as an administration fee. You may add gratuity at your discretion.





Should I shave before a treatment?

Shaving is recommended but not necessary for men prior to a facial. If you do choose to shave prior to your facial, be sure to do so at least 8 hours prior to your appointment. Shaving is not recommended prior to any body treatments or hair removal services.

Should I wax, shave, laser or use the sauna or steam room before a body scrub?

To achieve the utmost satisfaction and comfort from your service, we ask that you wait at least 8 hours before and after a body scrub or peel to wash, shave or use the sauna or steam room. In addition, we recommend that you limit your sun exposure before and after any facial.

What if I am pregnant?

While there are a few services that should be avoided during pregnancy, there are many beneficial treatments that can be enjoyed, such as our Maternity Massage, which is available past the first trimester. Please notify our Spa Reservation agents if you are pregnant when you make your appointment so that they can offer guidance.

What if I have special health considerations?

Please notify our Spa Reservation department before booking your treatments if you have high blood pressure, allergies, any other physical ailments or disabilities, or if you are pregnant. If you have any concern at all, please let us know. If at any time during your services, you experience discomfort, please alert your Spa professional immediately.

Is there a minimum age for treatments?

The Spa welcomes guests 18 years of age and older. Minors may receive nail salon services provided they are accompanied by an adult. Guests must be 16 years old to use the Fitness Center.

All prices and services are subject to change without notice.

SIGNATURE MASSAGES

AROMASOUL MASSAGE

Drawing from far corners of the world, your choice of rare essential oil blends will enhance the skilled and intuitive hands of your therapist, creating a perfectly tailored signature massage experience to restore, balance and energize. The essence of the Orient is deeply calming with jasmine, vanilla and ylang-ylang. The essence of the Mediterranean is refreshing and awakening with sweet orange, bergamot, lemon and basil. The essence of India sparks energy and revitalization with cedar, nutmeg, black pepper and cardamom. The essence of Arabia restores, comforts and grounds with rock rose, amyris, ginger, lavender and geranium.

50 MIN: MON - THUR: \$190 FRI - SUN: \$195

80 MIN: MON - THUR: \$245 FRI - SUN: \$250

TRANQUILITY™ PRO-SLEEP MASSAGE

A sensory journey using Indonesian Sea Malay Massage and Ayurvedic soothing techniques, this exceptional ritual acts in synergy with our iconic Tranquility Essential Oil blend to effectively bring about a state of deep rest and a tranquil and peaceful mind. Ideal for jet lag recovery, to ease chronic stress and worry and to support restorative sleep.

50 MIN: MON - THUR: \$190 FRI - SUN: \$195

BACK AND SHOULDER RESCUE

This scalp and back massage targets the prime area of stress and provides profound tension relief with a warm marine massage mud and an organic arnica cream.

50 MIN: MON - THUR: \$190 FRI - SUN: \$195



MASSAGES

CBD HERBAL MASSAGE

An herbal massage formulated with a blend of pain and inflammatory herbs that work synergistically with high-potency CBD to bring relief exactly where you need it. The cooling menthol also works to calm the over-active pain signals so that your body can be restored to a place of ease.

50 MIN: MON - THUR: \$185 FRI - SUN: \$190
80 MIN: MON - THUR: \$240 FRI - SUN: \$245

SPORTS MASSAGE

This therapeutic full-body massage uses stretching and a trigger point method to soothe areas of tight, painful muscles and joints. This massage is especially beneficial for clients suffering from muscle tension, fibromyalgia and chronic over-use injuries. You will be left feeling invigorated and stress-free.

50 MIN: MON - THUR: \$185 FRI - SUN: \$190
80 MIN: MON - THUR: \$240 FRI - SUN: \$245

DEEP TISSUE MASSAGE

Perfect for those who prefer a more therapeutic massage that focuses on allowing tight, overused muscles to loosen and relax completely. Not recommended for a first-time massage.

50 MIN: MON - THUR: \$185 FRI - SUN: \$190
80 MIN: MON - THUR: \$240 FRI - SUN: \$245

HOT STONE THERAPY

A deep muscle relaxation through the placement of smooth, heated stones on the body. This healing massage will melt away tension, easing muscle stiffness and increasing circulation to renew your body and spirit.

50 MIN: MON - THUR: \$185 FRI - SUN: \$190
80 MIN: MON - THUR: \$250 FRI - SUN: \$255

MATERNITY MASSAGE

Expert hands nurture the expectant mother and baby using specialized techniques designed to target areas of discomfort during the 2nd and 3rd trimesters. Gentle strokes relieve the unique stresses and strains experienced during stages of pregnancy.

50 MIN: MON - THUR: \$185 FRI - SUN: \$190
80 MIN: MON - THUR: \$240 FRI - SUN: \$245

SWEDISH MASSAGE

This classic Swedish massage promotes relaxation while enhancing circulation and relieves tension and muscle pain.

50 MIN: MON - THUR: \$180 FRI - SUN: \$185
80 MIN: MON - THUR: \$235 FRI - SUN: \$240
110 MIN: MON - THUR: \$290 FRI - SUN: \$295

MASSAGE ENHANCEMENT

Skin Toning Booster: \$25
Detox Cellulite Booster: \$25

FACIAL CARE

THE JOY OF BEAUTY

Treat your skin to the care it deserves! A power packed facial designed especially for your skin's needs, whether it be age protection, hydration or purification.

50 MIN: MON - THUR: \$200 FRI - SUN: \$205

SENSITIVITY REMEDY

An innovative, fortifying approach to sensitive, delicate skin. With a prebiotic from sugar beets as well as marula oil to promote skin barrier resilience, this treatment calms skin discomfort, relieves neuroinflammation and reinforces the skin's defense.

50 MIN: MON - THUR: \$190 FRI - SUN: \$195

ULTRA GLOW

An intensive double peel that can be customized according to the skin condition, from the most delicate to the most resistant, including those with hyperpigmentation. Along with powerful hydrating and collagen stimulating ingredients, this treatment delivers visible reduction of expression lines and wrinkles with exceptional smoothness.

50 MIN: MON - THUR: \$190 FRI - SUN: \$195

AGE SOLUTION

Firming, replumping anti-aging face and neck treatment. Combined with specific Kobido techniques, it restores fullness and redefines the volume of the face. The innovative peel-off biphasic mask delivers intense lifting while the customized double peel boosts smoothness and radiance for a complete rejuvenation.

80 MIN: MON - THUR: \$270 FRI - SUN: \$275





FACIAL CARE

URBAN DETOX

Combat pollution and eliminate impurities with the Detox Mask, formulated with Chlorella and plant-based charcoal and customized with a selection of highly effective boosters resulting in fresh and glowing skin.

50 MIN: MON - THUR: \$185 FRI - SUN: \$190

REGENERATION

A pro-youth facial featuring an antioxidant organic Scientific Extract™, a reparative protocol for nourishing and illuminating with deep cleansing and a lifting facial massage.

50 MIN: MON - THUR: \$185 FRI - SUN: \$190

THE HYDRAFACIAL

A customizable, rejuvenating, skin-resurfacing treatment that immediately reduces the look of lines, wrinkles, acne, hyperpigmentation, congested pores and uneven skin tone on the face and neck.

25 MIN: MON - THUR: \$160 FRI - SUN: \$165

50 MIN: MON - THUR: \$230 FRI - SUN: \$235

PLATINUM FACIAL

This advanced customizable treatment has it all for those serious about preventative and restorative skin care. The facial is result driven, so all upgrades are included. Stress relief and relaxation are the best paths to a radiant look, so enjoy this perfect harmony between luxury and skin care.

80 MIN: MON - THUR: \$320 FRI - SUN: \$325

ENHANCEMENTS

EYE RECOVERY: \$25

Triple action against dark circles, puffiness and wrinkles, providing immediate lifting and luminosity.

GLOW PEEL: \$25

Quick boost of AHA's with Double-Peel Method for instant glow and vitality

PEEL-OFF MASK: \$25

Choose between soothing, plumping or purifying

BODY & CRYOTHERAPY

DEEP BODY RENEWAL

A smoothing, renewing and regenerating treatment for restored elasticity and hydration with a revitalizing scrub, followed with refreshing gel mask. Your skin is left soft, silky and toned. Ideal for skin that needs moisture and elasticity.

80 MIN: MON - THUR: \$195 FRI - SUN: \$200

BODY ACTIVE

Sculpting remineralizing treatment with Brazilian Yellow Clay and energizing Plankton extract to boost the effects of your workout and release toxins. Improves muscle tone, increases cellular energy and restores essential vitamins and minerals commonly depleted during exercise.

50 MIN: MON - THUR: \$185 FRI - SUN: \$190

MONTALCINO THERMAL MUD

An intensive treatment from the thermal waters of Montalcino, Tuscany that detoxifies and promotes anti-cellulite actions. A blend of essential oils encourages a profound purification while the fucus and luminaria algae supports lipolytic drainage. Ideal to remove accumulated toxins, stimulate microcirculation, boost the immune system, dramatically reduce fatigue and restore the skin's vitality.

80 MIN: MON - THUR: \$230 FRI - SUN: \$235

CRYOTHERAPY

Just three minutes of this intensive cold therapy can reduce inflammation & pain, improve circulation & speed up recovery.

SINGLE SESSION: \$45

ADD-ON TO ANY OTHER SPA SERVICE: \$35



MEN'S SERVICES

BACK AND SHOULDER RESCUE

This scalp and back massage targets the prime area of stress and provides profound tension relief with a warm marine massage mud and an organic arnica cream.

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URBAN DETOX

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50 MIN: MON - THUR: \$185 FRI - SUN: \$190

CLASSIC PEDICURE

Protection and care for the feet, callosity, providing deep repair and nourishment.

50 MINUTES: \$60

CLASSIC MANICURE

A moment of care for the hands with delicate cleansing, exfoliation, ultra-hydration and nourishment

25 MINUTES: \$35

NAIL & WAXING

NAIL RITUAL

Hand and foot ritual with all the purifying, nourishing and protective actions of the individual manicure and pedicure treatments with the additional benefit of hot stones for an energetic balancing action throughout the treatment.

80 MIN: \$105

CLASSIC PEDICURE

Protection and care for the feet, callosity, providing deep repair and nourishment.

50 MIN: \$60

CLASSIC MANICURE

A moment of care for the hands with delicate cleansing, exfoliation, ultra-hydration and nourishment

25 MIN: \$35

CBD PEDICURE

Sit back and relax in our comfortable chairs with a CBD foot soak. After this invigorating soak, continue your relaxation with a CBD massage that helps with inflammation and poor circulation for those tired and stressed feet.

50 MIN: \$75

CBD MANICURE

This relaxing manicure will ease the hands aches and pain with CBD massage while leaving your hands feeling soft and hydrated.

25 MIN: \$45

GEL COLOR

50 MIN GEL LASTING COLOR MANICURE: \$65

50 MIN GEL LASTING COLOR MANICURE WITH SOAK OFF: \$75

80 MIN GEL PEDICURE: 90

ADD-ON SERVICES

FRENCH POLISH: Hands: \$15 Feet: \$15

GEL POLISH: Hands: \$15 Feet: \$15

GEL REMOVAL: Hands: \$15 Feet: \$15

POLISH CHANGE: Hands: \$25 Feet: \$25

WAXING

EYEBROW SHAPING: \$50

FACE: \$105

LIP OR CHIN: \$30

UNDERARMS: \$55

HALF ARMS: \$50

FULL ARMS: \$80

HALF LEGS: \$60

FULL LEGS: \$110

BACK OR CHEST: \$100



PACKAGES

LUXURY SPA DAY

80 Minute Aromasoul Massage, 80 Minute Age Solution Facial, 80 Minute Nail Ritual and Spa Lunch

MON – THUR: \$530 FRI – SUN: \$550

UPTOWN SLOWDOWN

50 Minute Swedish Massage, 50 Urban Detox Facial

MON – THUR: \$310 FRI – SUN: \$330

CRESCENT INDULGENCE

50 Minute Swedish Massage, 50 Minute Urban Detox Facial, 25 Minute Classic Manicure, 50 Minute Classic Pedicure

MON – THUR: \$405 FRI – SUN: \$425

MEMBERSHIP

Our Crescent Club Wellness Membership at The Spa at The Crescent offers much more than your classic Spa or gym membership. Here's a summary of benefits:

- Use of fitness facilities at The Spa
- Complimentary fitness classes at The Spa
- Use of Hotel Crescent Court's rooftop pool
- Member preferred rates on all spa treatments and services at The Spa
- Use of locker room amenities, workout attire (excluding athletic shoes), vanity items, whirlpool, hot & cold plunge, steam and sauna at The Spa
- Complimentary fruit and refreshments at The Spa
- Complimentary shoe shine in men's locker room at The Spa
- A complimentary one-hour fitness session with a personal trainer and 25-minute massage upon joining
- Complimentary three-hour valet and self-parking at Hotel Crescent Court

Duel Wellness & Dining and Platinum memberships also available.

Learn more & request a private tour at CrescentClubandSpa.com.

THE CRESCENT CLUB
ATHLETICS & WELLNESS







400 Crescent Court | Dallas, TX 75201
crescentcourt.com/wellness